Did you have:	Please indicate yes or no	(Y / N) and/or date month/year
tick bite	,	
spotted rash over large area		
circular or bull-eye rash		
linear red streaks		
Lyme test date(s) mm/year		Results: (positive +, or negative -)
Date when first experienced Lyme symptoms		First symptom description (fatigue, pain, rash, etc)
Have you ever been diagnosed		
with:	Discussed (V (N))	Data of diagnacia (mm//apr)
	Diagnosed (Y / N)?	Date of diagnosis (mm/year)
Fibromyalgia		
MS		
ALS Parkinsons		
Chronic fatigue depression		
ADD		
Have you been diagnosed with		
these co-infections?	Diagnosed (V / N)?	
Babesia		
Erlichiosis		
Bartonella		
Parvo virus		
Protomyxzoa / FL1953		
Rocky Mountain Spotted Fever		
Other		
Have you been diagnosed with		
heavy metal toxicity?	Diagnosed (Y / N)?	Undergone chelation (Y / N)?
Lead	<b></b>	
Mercury		Date(s) of chelation:
Cadmium		
Aluminum		
Arsenic		
Other		
Have you been diagnosed with		
environmental mold toxicity?	Diagnosed (Y / N)?	Still being exposed (Y / N)?
HLA test results		

Since you have been diagnosed with Lyme or first recall having Lyme-like symptoms, have you experienced greater:								
	CURRE	ENT SEV	/ERITY (ch	eck one)	CURRE	NT FREQUE	NCY (c	heck one)
SENSORY	None	Mild	Moderate	Severe	Never	Occasional	Often	Constant
taste abnormalities								
smell abnormalities								
sensory abnormalities								
	CURRE	ENT SEV	/ERITY (ch	eck one)	CURRE	NT FREQUE	NCY (c	heck one)
HEARING	None	Mild	Moderate	Severe	Never	Occasional	Often	Constant
hypersensitivity to sound								
ringing or buzzing in ears								
hearing loss								
pain in the ears								
	CURRE	ENT SEV	/ERITY (ch	eck one)	CURRENT FREQUENCY (check one)			
VISION	None	Mild	Moderate	Severe	Never	Occasional	Often	Constant
blurry vision								
double vision								
blindness								
photophobia oversensitivity to light								
pain in eyes								
floaters								
drooping eyelid								
	CURRE	ENT SEV	/ERITY (ch	eck one)	CURRE	NT FREQUE	NCY (c	heck one)
	CURRE None	ENT SEV Mild	/ERITY (ch Moderate				•	heck one) Constant
drooping eyelid							•	•
drooping eyelid SPEECH							•	•
drooping eyelid SPEECH slurred speech vocal paralysis speech errors							•	•
drooping eyelid SPEECH slurred speech vocal paralysis							•	•

BODY PAIN &	CURRENT SEVERITY (check one)			eck one)	CURRENT FREQUENCY (check one)			
DISCOMFORT	None	Mild	Moderate	Severe	Never	Occasional	Often	Constant
headache								
facial pain								
toothaches								
jaw pain								
ear pain								
neck pain								
back pain -unexplained								
chest pain								
abdominal pain								
abdominal distention, wall								
weakness								
abdominal paralysis								
pain in gential area								
carpal tunnel syndrome								
foot pain								
muscle pain or cramping								
shooting or stabbing pains								
numbness / tingling / burning								
stiffness								
muscle weakness								
pain like electrical zaps								
pain that feels like being scraped								
with a cheese grater								
	CURRE	NT SE	/ERITY (ch	eck one)	CURRE	NT FREQUE	NCY (c	heck one)
JOINT PAIN	None	Mild	Moderate	Severe	Never	Occasional	Often	Constant
fingers								
toes								
ankles								
wrists								
knees								
elbows								
hips								
shoulders								
	CURRE	NT SE	/ERITY (ch	eck one)	CURRE	NT FREQUE	NCY (c	heck one)
JOINT SWELLING	None	Mild	Moderate	Severe	Never	Occasional	Often	Constant
fingers								
toes								
ankles								
wrists								
knees								
elbows								
hips								
shoulders								

## Lyme Disease Specific Symptoms

	CURRENT SEVERITY (check one)			CURRENT FREQUENCY (check one)				
ENERGY DEPLETION	None	Mild	Moderate	Severe	Never	Occasional	Often	Constant
fatigue								
sleep disturbances								
poor stamina								
need for greater sleep								
	CURRE	NT SE	/ERITY (ch	eck one)	CURRE	ENT FREQUE	NCY (c	heck one)
DIGESTION	None	Mild	Moderate	Severe	Never	Occasional	Often	Constant
nausea								
vomiting								
constipation								
diarrhea								
increased fatigue after eating dairy,								
wheat, sugar, or alcohol								
increased bloating after eating								
dairy, wheat, sugar, or alcohol								
	CURRE	NT SE	/ERITY (ch	eck one)	CURRE	NT FREQUE	NCY (c	heck one)
NEUROLOGICAL	None	Mild	Moderate	Severe	Never	Occasional	Often	Constant
dementia								
achiness - generalized								
walking difficulty / ataxia								
tourett's like syndrome								
stroke								
parkinsonism								
motor neuron disease, ALS like								
coma								
clumsiness								
brain hemorrhage								
aneurysm								
Bell's palsy								

	CURRENT SEVERITY (check one)			CURRENT FREQUENCY (check one)				
COGNITIVE	None	Mild	Moderate	Severe	Never	Occasional	Often	Constant
brain fog								
dyslexia								
disorientation -getting lost, wrong								
destination								
memory impairment								
confusion								
concentration difficulties								
word reversals when speaking								
difficulty recalling names								
difficulty recalling words								
task performance difficulties								
facial recognition difficulties								
declining school performance								
difficulty reading								
difficulty absorbing new information								
EXTERNAL	CURRE	ENT SE	/ERITY (ch	eck one)	CURRE	ENT FREQUE	NCY (c	heck one)
INFLUENCES	None	Mild	Moderate	Severe	Never	Occasional	Often	Constant
twitching								
tremors / shaking								
chills								
fever								
chronic cough								
sweating								
vertigo / dizziness								
spinning								
motion sickness								
Bell's Palsy								
lightheadedness								
wooziness								
	CURRE	ENT SE	/ERITY (ch	eck one)	CURRE	NT FREQUE	NCY (c	heck one)
EMOTIONAL	None	Mild	Moderate	Severe	Never	Occasional	Often	Constant
mood swings								
irritability								
depression								
unable to hold back tears								
hopelessness								
anxiety								
panic attacks								

	CURRE	ENT SE	/ERITY (ch	eck one)	CURRE	ENT FREQUE	NCY (c	heck one)
WOMEN	None	Mild	Moderate			Occasional	•	
Unexplained menstrual activity								
Unexplained milk production								
Unexplained breast pain								
		NT SEV	/ERITY (ch	eck one)	CURRE	NT FREQUE	NCY (c	heck one)
MEN	None	Mild	Moderate			Occasional	•	,
erectile dysfunction	TTOTIO		Moderate	001010				
	CURRE		⊥ /ERITY (ch	eck one)	CURRE	I ENT FREQUE		heck one)
OTHER	None	Mild	Moderate	-	Never	Occasional	•	
			woderate	Severe	INEVEI	Occasional	Oiten	Constant
lyme simulating malignancy								
testicular or pelvis pain / swelling								
pregnancy/maternal fetal								
transmission								
impotence								
urinary problems								
weight loss/gain								
anorexia								
muscle spasm								
heart abnormalities								
swollen glands								
shortness of breath								
recurring rash								
meningitis								
kidney failure								
tumor								
cartilage erosion								
bone erosion								
gout								
hepatitis								
psychosis								
hallucinations								
delusions								
paranoia								
manic-depression, bipolar								
hair loss								
sore throat								
swallowing difficulty								
persistent swollen glands								
facial swelling								
skin sensitivity								
discomfort wearing clothes								
symptoms flare every four weeks								
unavoidable need to sit or lie down								

Many thanks to Dr. Burrascano for his Lyme Symptoms Form and to our clients for sharing their concerns. Reprinted from ADVANCED TOPICS IN LYME DISEASE, Fifteenth Edition Sept, 2005 DIAGNOSTIC HINTS AND TREATMENT GUIDELINES FOR LYME AND OTHER TICK BORNE ILLNESSES By JOSEPH J. BURRASCANO JR., M.D. Copyright, September, 2005.

Please fill out a brief timeline of your treatments and medications and progress / lack of progress / setbacks
from initial onset of symptoms to the present.

Treatment, medication, herb or	Improvement / neutral / setback Describe what changed	Date
supplement	Describe what changed	
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